

FIGURE 11.10
UNIT DESIGN CONSIDERATIONS (NUTRITION UNIT)

Questions for the Teacher

Responses from the Teacher

W

How will you help students know *where* they are headed and *why* (e.g., major assignments, performance tasks, and the criteria by which the work will be judged)?

- Post essential questions on bulletin board.
- Present description of the performance tasks early in the unit, along with scoring rubrics.

H

How will you *hook* the student through engaging and thought-provoking experiences (issues, oddities, problems, and challenges) that point toward essential and unit questions, core ideas, and performance tasks?

- Begin unit with a “mystery”—for example, the seafarers’ disease (scurvy) that cleared up once fresh fruits and vegetables were consumed. This mystery serves as a doorway into exploration of the unit question.

E

What learning experiences will *engage* students in exploring the big ideas and essential and unit questions? What instruction is needed to *equip* students for the final performances?

- The performance tasks are relevant, real-world applications of nutrition knowledge.
- The planned learning activities and lessons (e.g., guest speaker) will support work on tasks.

R

How will you cause students to *reflect* and rethink to dig deeper into the core ideas? How will you guide students in *revising* and *refining* their work based on feedback and self-assessment?

- Students evaluate hypothetical family diets for nutritional balance, then reflect on their own eating habits.
- Students will have an opportunity to revise their health brochures based on peer review.

E

How will students *exhibit* their understanding through final performances and products? How will you guide them in *self-evaluation* to identify the strengths and weaknesses in their work and set future goals?

- The tasks (illustrated brochure and camp menu) will provide evidence of understanding.
- Students self-evaluate their task and project using the rubrics.
- Unit concludes with student self-assessment on their own healthy eating.